



8.10

TIME TO REFLECT

1. How confident do you feel that God has forgiven you for all your sins? Why?
2. Is there anything that you don't think God can forgive you for? Why?
3. How much progress have you made in forgiving yourself during the course?
4. How do you feel about that?
5. Have you been able to forgive someone else during this course? If you have, how do you feel now you've done it?