

Lent – Jesus' resurrection

Background: Resurrection is when someone who is totally dead comes back to life. Resuscitation is acting very quickly to save a dying person.



Resuscitation is a treatment but a resurrection is supernatural – it's a miracle!

What is the evidence that Jesus was really dead?

John 19 v 30

v33-35

v40

v41-42

What is the evidence that Jesus rose from the dead?

John 20 v 1-2

v6-7

v11-16

v19-20

Read 1 Corinthians 15 v 3-8. Roughly how many witnesses to the resurrection were there?

Why does such a large number of witnesses help us believe Jesus really rose from the dead?

Jesus said, 'I am the resurrection and the life. He who believes in me will live, even though he dies' (John 11 v 25).

He said that He is the only source of eternal life.

Jesus' death paid the penalty for our sin. He rose from the dead because He had destroyed death's power – it couldn't hold Him down! When we trust in Jesus, death will not be able to hold us down either! We have eternal life through Him.

Read John 11 v 25 again

Jesus' followers have much more than forgiveness from God! They are promised eternal life in the loving presence of God. Christian believers know their physical death is not the end – rather, it is the end of the beginning...

Prayer: Lord Jesus, thank you that you have destroyed the power of death. Thank you for your promise that when a believer dies they will be united with you for ever. Thank you that you are with God the Father now and your Holy Spirit is here with me. Thank you for hearing my prayers and standing with me in all my joys and troubles. Amen.

If you have a Bible, why not look up the verses yourself instead of just reading them here. I've printed them here for people who don't have a Bible!

John 19

³⁰ ...Jesus said, "It is finished." With that, he bowed his head and gave up his spirit.

...³³ But when they came to Jesus and found that he was already dead, they did not break his legs.

³⁴ Instead, one of the soldiers pierced Jesus' side with a spear, bringing a sudden flow of blood and water. ³⁵ The man who saw it has given testimony, and his testimony is true. He knows that he tells the truth, and he testifies so that you also may believe.

...⁴⁰ Taking Jesus' body, the two of them wrapped it, with the spices, in strips of linen. This was in accordance with Jewish burial customs. ⁴¹ At the place where Jesus was crucified, there was a garden, and in the garden a new tomb, in which no one had ever been laid. ⁴² Because it was the Jewish day of Preparation and since the tomb was nearby, they laid Jesus there.

John 20

Early on the first day of the week, while it was still dark, Mary Magdalene went to the tomb and saw that the stone had been removed from the entrance. ² So she came running to Simon Peter and the other disciple, the one Jesus loved, and said, "They have taken the Lord out of the tomb, and we don't know where they have put him!"

...⁶ Then Simon Peter came along behind him and went straight into the tomb. He saw the strips of linen lying there, ⁷ as well as the cloth that had been wrapped around Jesus' head. The cloth was still lying in its place, separate from the linen.

...¹¹ Now Mary stood outside the tomb crying. As she wept, she bent over to look into the tomb ¹² and saw two angels in white, seated where Jesus' body had been, one at the head and the other at the foot.

¹³ They asked her, "Woman, why are you crying?"

"They have taken my Lord away," she said, "and I don't know where they have put him." ¹⁴ At this, she turned around and saw Jesus standing there, but she did not realize that it was Jesus.

¹⁵ He asked her, "Woman, why are you crying? Who is it you are looking for?"

Thinking he was the gardener, she said, "Sir, if you have carried him away, tell me where you have put him, and I will get him."

¹⁶ Jesus said to her, "Mary."

She turned toward him and cried out in Aramaic, "Rabboni!" (which means "Teacher").

...¹⁹ On the evening of that first day of the week, when the disciples were together, with the doors locked for fear of the Jewish leaders, Jesus came and stood among them and said, "Peace be with you!" ²⁰ After he said this, he showed them his hands and side. The disciples were overjoyed when they saw the Lord.

1 Corinthians 15

³ For what I received I passed on to you as of first importance: that Christ died for our sins according to the Scriptures, ⁴ that he was buried, that he was raised on the third day according to the Scriptures, ⁵ and that he appeared to Peter, and then to the Twelve. ⁶ After that, he appeared to more than five hundred of the brothers and sisters at the same time, most of whom are still living, though some have fallen asleep. ⁷ Then he appeared to James, then to all the apostles, ⁸ and last of all he appeared to me (Paul) also, as to one abnormally born.