



Father God, things are happening in the world that are really frightening. Please look after the people I know and love. Help me to look after the people around me today. Please put your peace in my heart and help me to trust you in this crisis. Amen.

Search me, God, and know my heart; test me and know my anxious thoughts.
See if there is any offensive way in me, and lead me in the way everlasting.
(Psalm 139 v 23-24)

When peace like a river, attendeth my way,
When sorrows like sea billows roll
Whatever my lot, thou hast taught me to say,
It is well, it is well, with my soul.
It is well with my soul
It is well, it is well with my soul
(part of a hymn by Horatio Spafford, 1873)