## The Lord says:

'I will never leave you nor forsake you.' (Joshua 1 v 5)

Do you feel:

LONELY? ISOLATED?

LOST?

Father God, sometimes I feel so alone. My burden sometimes feels very heavy. I need your help.
Thank you that your Word tells me that you are always with me. Thank you for reminding me that you love me and will never leave me or abandon me. Amen.

'If I rise on the wings of the dawn, if I settle on the far side of the sea, even there your hand will guide me, your right hand will hold me fast. If I say, "Surely the darkness will hide me and the light become night around me," even the darkness will not be dark to you; the night will shine like the day, for darkness is as light to you.' (Psalm 139 v 9-12)

Be thou my vision, O Lord of my heart Naught be all else to me, save that thou art

Thou my best thought, by day or by night

Waking or sleeping, thy presence my light

(From an 8<sup>th</sup> century Irish hymn)

What a Friend we have in Jesus, all our sins and griefs to bear!
What a privilege to carry everything to God in prayer!
O what peace we often forfeit,
O what needless pain we bear,
All because we do not carry everything to God in prayer.

Have we trials and temptations? Is there trouble anywhere? We should never be discouraged; take it to the Lord in prayer. Can we find a friend so faithful who will all our sorrows share? Jesus knows our every weakness; take it to the Lord in prayer.

Are we weak and heavy laden, cumbered with a load of care? Precious Saviour, still our refuge, take it to the Lord in prayer. Do your friends despise, forsake you? Take it to the Lord in prayer! In His arms He'll take and shield you; you will find a solace there.

Blessed Saviour, Thou hast promised Thou wilt all our burdens bear May we ever, Lord, be bringing all to Thee in earnest prayer.

Soon in glory bright unclouded there will be no need for prayer Rapture, praise and endless worship will be our sweet portion there.

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